



## Rules and Regulations:

1. Matches will start at the scheduled time or directly after the prior match ends if running behind schedule. Teams must have a minimum of two men and two women to start a set.
  - a. A 5 minute grace period is allowed before the first set is forfeited.
  - b. A 10 minute grace period is allowed before the match is forfeited.
2. Each match consists of 3 sets to 25. Teams must win by two with a cap at 27.
3. League standings will be based on best of three match wins. Set wins will be used as a tiebreaker for teams with the same match play record. The third tie breaker in determining league standings is head to head record.
4. When possible, teams must have an equal ratio of men to women on the court at all times with a minimum of four players.
  - a. If there are more men: A woman must touch the ball every time the ball comes over the net
  - b. If teams have an equal number of men and women on the court at the same time, or more women, there are no ball touch requirements.
5. Teams cannot use non registered players if they have enough registered players available. All members of a team's roster are paid for. If a non-registered roster sub is needed to avoid a forfeit, the sub must pay a \$5 player fee to the ref of their court.
6. Rock paper scissors to decide serve or side prior to each match.
7. No back-row attacks or blocking from the back row.
8. No obvious doubles or lifts (up to refs discretion).
9. Standard volleyball rules regarding net/line violations.
10. There are no specific substitution rules, but teams must rotate every possession.
11. Referees reserve the right to call a side out, or eject players for excessive arguing, delay in games, bad sportsmanship, or other reasons that they feel are not in the spirit of recreational sports.
12. Be respectful of your refs. No arguing with the ref or other teams.
13. Play fair. Have fun.
14. Visit Leff's after the game!

## Other Information:

1. Rainouts/Cancellations: League managers will do their best to notify teams via email before 4:00 PM if the games for the night are canceled. Cancellations will also be posted at Leffs.com, under the Rec Sports tab as soon as possible after determining a cancellation due to inclement weather.
2. Schedules: Schedules will be posted at Leffs.com. Schedules are subject to change, so be sure to check regularly for any updates/changes.
3. Standings: Standings are posted at Leffs.com. Standings will be updated every 1-2 weeks.
4. Playoffs: This year the playoffs will be bracket-structured and will take place over a two week period. More information regarding the playoffs will be available as the summer progresses.
5. If you know your team is going to forfeit for any reason, please be polite and let the league managers and other team know before the scheduled match time.
6. If you have any questions please contact the league managers:  
Eavan Finnerty: 414-708-0006 [eavanfinnerty@gmail.com](mailto:eavanfinnerty@gmail.com)  
Addy Leffler: 414-708-0118 [addisonleffler8@gmail.com](mailto:addisonleffler8@gmail.com)  
Ryder Hill-Zastrow: 262-617-2700 [ryder.hillzastrow@gmail.com](mailto:ryder.hillzastrow@gmail.com)